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by Uffe Ravnskov : **Ignore the Awkward.: How the Cholesterol Myths Are Kept Alive**

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PDF-5a599 | The cholesterol campaign is the greatest medical scandal in modern time. If you have read the author's previous books 'The Cholesterol Myths' (out of print) or 'Fat and Cholesterol are GOOD for You', you should know that for certain. For instance, according to more than 25 scientific studies old people with high cholesterol live the longest. Another shocking fact is that the authors of a recent A... *Ignore the Awkward.: How the Cholesterol Myths Are Kept Alive*

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